

## Communication: Handling Free with Communication Barriers

An extremely fun activity



Lesson plan

One person is chosen to leave the room. While gone, the person must think of four questions that they'd like to ask someone in order to get to know them better (for example: best school moment, what job they'd most like to have, favorite food, what they think their best quality is, etc.) While they are out of the room, each learner is given a piece of paper and told to ask that very thing during their "interview". None of the learners will get to see what the other person has, but they do know that each one of them will be presenting a communication barrier of some sort.

The person asking the questions will not know what the class is doing until after the first interview.

After each round of questions, the class will discuss what happened and the interviewee will provide thoughts on how it made him/her feel.

### **Barriers**

- Abruptness/not welcoming
- Pretending to listen
- Invading personal space
  - No eye contact
- Uncomfortable eye contact
- Stoching
- Listening but thinking ahead
- Interrupting