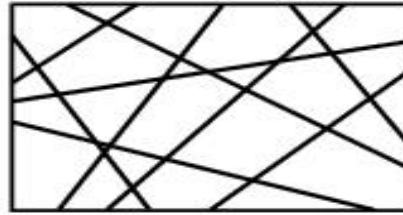


Name: \_\_\_\_\_ Date: \_\_\_\_\_

Class: \_\_\_\_\_ Teacher: \_\_\_\_\_

## Learning About Nutrition

Complete the activity.



1. nikate \_\_\_\_\_
2. lhahte \_\_\_\_\_
3. ewrta \_\_\_\_\_
4. yeregn \_\_\_\_\_
5. iopnret \_\_\_\_\_
6. eidt \_\_\_\_\_
7. svrcyu \_\_\_\_\_
8. vainistm \_\_\_\_\_
9. sornnumriatet \_\_\_\_\_
10. rtpasephcoi \_\_\_\_\_
11. rdctbaroaeshy \_\_\_\_\_
12. itstrenun \_\_\_\_\_
13. senailmr \_\_\_\_\_
14. irfbe \_\_\_\_\_
15. icdmiene \_\_\_\_\_
16. stapnl \_\_\_\_\_
17. agsrin \_\_\_\_\_
18. lsaitceymphohc \_\_\_\_\_
19. aisxnttadion \_\_\_\_\_
20. etm norciritns \_\_\_\_\_

|                   |                   |                   |                    |
|-------------------|-------------------|-------------------|--------------------|
| 1. phytochemicals | 6. scurvy         | 11. water         | 16. Hippocrates    |
| 2. nutrients      | 7. macronutrients | 12. antioxidants  | 17. medicine       |
| 3. diet           | 8. minerals       | 13. carbohydrates | 18. micronutrients |
| 4. health         | 9. vitamins       | 14. plants        | 19. fiber          |
| 5. intake         | 10. protein       | 15. grains        | 20. energy         |