

Brief COPE⁸	Counts	%
Using Instrumental Support	64	20.6
Acceptance	59	19.0
Active Coping	57	18.4
Behavioral Disengagement	38	12.3
Venting	36	11.6
Planning	22	7.1
Positive Reframing	16	5.2
Self-Distraction	4	1.3
Humor	3	1.0
Self-Blame	1	0.3
Using Emotional Support	0	0
Religion	0	0
Denial	0	0
Substance (Alcohol/Drug) Use	0	0
Other	10	3.2
Total	310	100