

# Client Goals for Therapy



Name \_\_\_\_\_

Date \_\_\_\_\_

When therapy is complete I hope to have:

- 1) \_\_\_\_\_  
\_\_\_\_\_
- 2) \_\_\_\_\_  
\_\_\_\_\_
- 3) \_\_\_\_\_  
\_\_\_\_\_

The steps or methods I will use to achieving these goals might include:

- 1) \_\_\_\_\_  
\_\_\_\_\_
- 2) \_\_\_\_\_  
\_\_\_\_\_
- 3) \_\_\_\_\_  
\_\_\_\_\_

Client Initials \_\_\_\_\_