

# SMART Goals Template

GOAL:

<b>S</b>	<b>Specific</b>	What do I want to accomplish? What are the measurable results? What are the conditions?	
<b>M</b>	<b>Measurable</b>	How do I know I'm on track? How do I know when I'm done?	
<b>A</b>	<b>Attainable</b>	How do I know it's realistic? How do I know it's achievable?	
<b>R</b>	<b>Relevant</b>	Why is this important? How does this align with my values? How does this align with my mission? How does this align with my vision?	
<b>T</b>	<b>Time Bound</b>	When do I want to accomplish this goal? How long will it take to complete? What are the milestones and dates?	

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