

| MEAT, FISH, POULTRY ITEMS | NUMBER MEALS/WEEK | | | | | | TOTAL MEALS |
|---------------------------|-------------------|---|---|---|---|---|-------------|
| | 1 | 2 | 3 | 4 | 5 | 6 | |
| LUNCH, DINNER | | | | | | | |
| <u>BEEF</u> | | | | | | | |
| OVEN ROAST | 1 | | 1 | | 1 | | 3 |
| POT ROAST | | 1 | | 1 | | 1 | 3 |
| SWISS STEAK | 1 | | 1 | | 1 | | 3 |
| GRILLED STEAK | 1 | | 1 | | | 1 | 3 |
| GROUND | 2 | 1 | 2 | 2 | 1 | 2 | 10 |
| PATTIES | 1 | 2 | 2 | 1 | 2 | 1 | 9 |
| DICED | | | 1 | | | | 1 |
| LIVER | 1 | | 1 | | 1 | | 3 |
| FRANKFURTERS | | 1 | | 1 | | 1 | 3 |
| <u>HAM</u> | | | | | | | |
| CANNED | 1 | | 1 | | 1 | | 3 |
| COOKED, FROZEN ... | 1 | 1 | | 1 | | 1 | 4 |
| <u>PORK</u> | | | | | | | |
| DICED | | | 1 | | | 1 | 2 |
| PORK LOIN | | 1 | | 1 | | | 2 |
| PORK CHOPS | 1 | | 1 | | 1 | 1 | 4 |
| SPARERIBS | 1 | | | | 1 | | 2 |