Name:

EMOTIONAL

EMOTIONAL MIND

Facts and logic are not important

Ruled by your moods, feelings, and urges

Reactive and impulsive

REASONABLE MIND

WISE MIND

Wisdom

Intuition

Values and feelings are not important

The middle path | Pragmatic and rational

Ruled by facts, reason and logic

Give	an	example	of	a	time	you	were	in	emotional	mino	:
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Give an example of a time you were in reasonable mind:								

How would your thoughts and actions be different if you were in wise mind?