

Name _____

Period _____

Bill Nye: Bones & Muscles

1. Your muscles and _____ work together to make you move.
2. No matter which way you're going your muscles are getting _____.
3. Bones from the _____ of our bodies. Ligaments help hold the bones together.
4. _____ connect muscles to bones.
5. Without _____, bones get soft enough to bend.
6. Without bones we would not _____ ourselves up.
7. As we move muscles in our arms, we're also moving all the other muscles in our body because they're all _____.
8. _____ are the strongest bones in the skeleton.
9. We have _____ joints in our fingers and our joints.
10. Ball and socket joints are in our _____. They let our _____ move in all different ways.
11. When you _____ your knuckles you are pulling your bones apart and letting an air bubbles in between your joints.
12. A sparrow has more bones in its neck than a _____ does.
13. Bones are _____.
14. Your backbone isn't just one bone. It's _____ small bones stacked on top of each other.