

SAMHSA Announces Two New Publications

- New Spanish-Language Therapy Manual and Client Workbook on Anger Management
- *Drugs, Alcohol and HIV/AIDS: A Consumer Guide*

The Substance Abuse and Mental Health Services Administration Releases a New Spanish-Language Therapy Manual and Client Workbook on Anger Management

The Substance Abuse and Mental Health Services Administration (SAMHSA) announces the publication of the Spanish-language versions of the award-winning *Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual* and the accompanying *Participant Workbook*.

- Programa para el manejo del enojo en clientes con problemas de abuso de sustancias y trastornos de salud mental: Un manual de psicoterapia cognitiva-conductual (Spanish-language version of *Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual*)—This Spanish-language treatment manual helps counselors working with Spanish-speaking clients teach anger management techniques. The manual describes a 12-week cognitive behavioral group intervention. It helps counselors describe the anger cycle, teach conflict resolution and assertiveness skills, and help clients develop anger control plans. **NCADI No. BKD444S**
- Programa para el manejo del enojo en clientes con problemas de abuso de sustancias y trastornos de salud mental: Cuaderno de ejercicios para el participante (Spanish-language version of *Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook*)—This Spanish-language client workbook provides worksheets and homework assignments using the core concepts of the 12-week group cognitive behavioral therapy provided in the treatment manual described above. **NCADI No. BKD445S**

To order your **FREE** copies of these products, contact SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI). Ask for the publication order numbers listed above.

Phone: 800-729-6686 or 240-221-4017
800-487-4889 (TDD hearing impaired)
877-767-8432 (toll free) Hablamos Español
Web: www.ncadi.samhsa.gov

The Spanish- and English-language versions of the Anger Management manual and workbook are also available online at www.kap.samhsa.gov.

SAMHSA Announces Availability of a New Brochure: *Drugs, Alcohol and HIV/AIDS: A Consumer Guide*

The Substance Abuse and Mental Health Services Administration's (SAMHSA's) Center for Substance Abuse Treatment recently released English- and Spanish-language versions of a new brochure, *Drugs, Alcohol and HIV/AIDS: A Consumer Guide*. The brochure is for substance abuse treatment program clients who may be involved in risky behaviors associated with HIV/AIDS. The information in the brochure is based on Treatment Improvement Protocol 37, *Substance Abuse Treatment for Persons With HIV/AIDS*. The brochure answers questions such as—