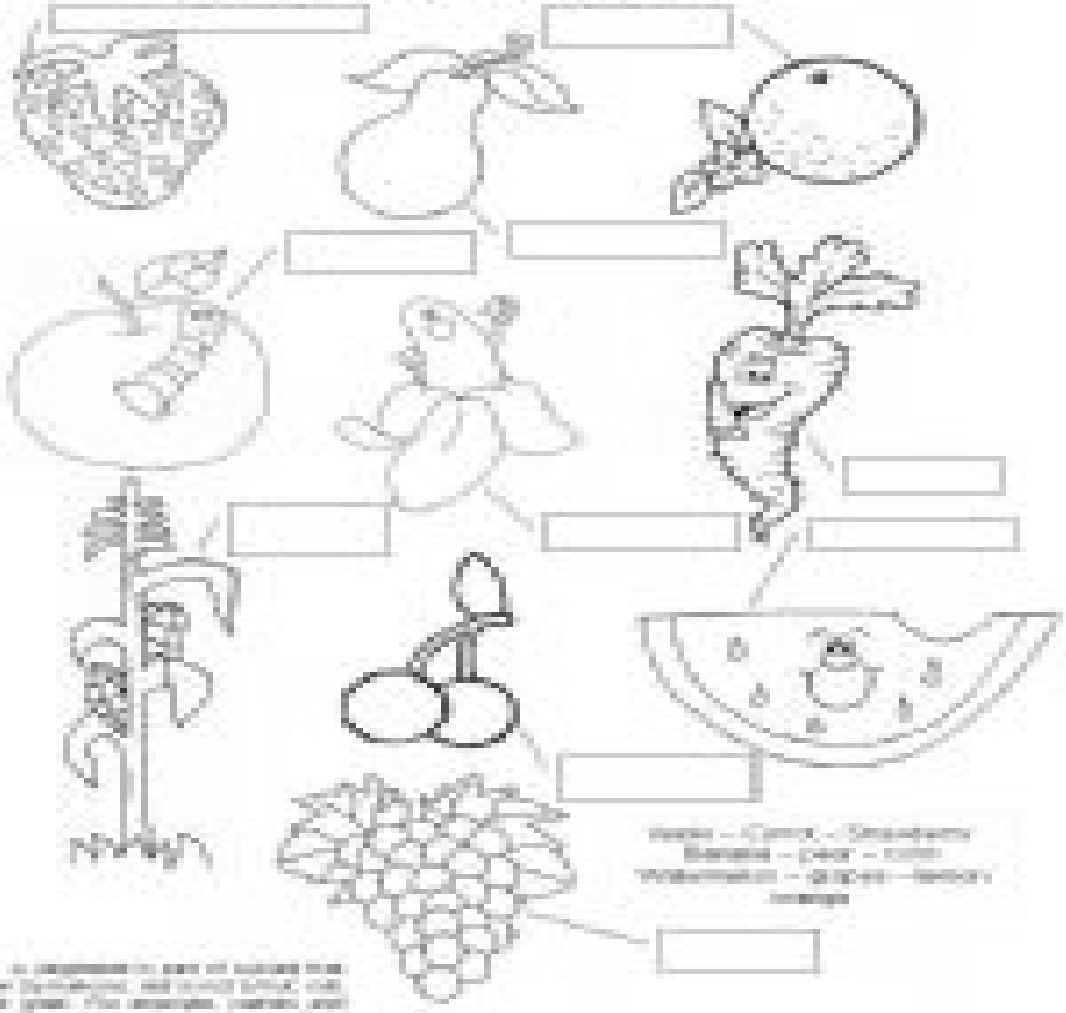
Surname: _____

Fruits, vegetables and cereals activity

Write the fruit names on the spaces and then punch the pictures.



Fruits – Carrots – Strawberries
Bananas – Pears – Kiwis
Watermelons – Apples – Berries
Oranges

A VEGETABLE is part of a plant that is either consumed as food in its whole form, cooked or raw. The edible parts of plants are roots, stems, leaves, flowers, seeds and fruits. Vegetables are nutritious, healthy and delicious. Eat vegetables and fruits daily.