

SMART Goal Worksheet

School: Judson Middle School Team Name: P.E. Department Team Leader: Craig Bush

Team Members: Craig Bush, Sue Hayward, Theresa Norris, Bob Stockenberg, and Kimo Mahi

District Goal(s):

School Goal(s):

Team Smart Goals	Strategies and Action Steps	Responsibility	Timeline	Evidence of Effectiveness
70% of Judson students will pass the mile run fitness test based on the criteria from the fitnessgram fitness test.	1. Using warm-ups to increase cardiovascular fitness. 2. Using the conditioning unit to increase cardiovascular fitness and to also work on their pacing. 3. Incorporate cardiovascular fitness into our daily curriculum. 4. Use intervention time to work on cardiovascular fitness for those who aren't passing.	Entire team	We will test the students 1-2 times in the fall and 1-2 times in the spring.	Analyze our data to see how close we come to our goal. We want to look at age differences in passing the test.