

Objectives

By the end of this lesson students will be able to:

- Understand how their responses during a conflict can determine the outcome of the situation.
- Role-play making good and bad choices in conflicts.
- Discuss how choices can determine whether the outcome of a conflict is a win/win, win/lose or lose/lose situation.

Materials

- Chart paper
- Markers
- Win/Win Guidelines (page 9)
- List of Role-plays

Procedure

1. Ask the students to describe conflicts that children may have at school. Some examples would be conflicts arising from name-calling, having to share materials and being first in line. Chart their responses.
2. Ask two students to volunteer to role-play the following conflict:
One child is waiting in line to use the water fountain. Another child cuts into the line ahead of the first child.

3. Explain to the class that each child in the conflict had to make a choice as to how they would respond. Discuss the choices made in this conflict. Ask if the choices were good or bad and discuss how each child felt.
4. Say, "When two people have a conflict, it can be resolved in three different ways. If both people still feel upset after they resolved the conflict, it is called a lose/lose solution. If one person feels good about the solution and the other person does not, it is a win/lose solution. What do you think it is called if both people are happy with the solution? Yes, it is a win/win solution."
5. Ask the two students to do the role-play again with a win/win solution. Have the students refer to the Win/Win Guidelines.
6. Explain to the students that they will be doing role-plays with lose/lose and win/win solutions. Divide the class into groups of four and give each group one of the role-plays on the following page. Have two children in each group act out the role-play so that the choices they make cause a lose/lose solution. Have the other two children role-play the same conflict with a win/win outcome. Model this in front of the class first.
7. Have each group demonstrate their role-plays and explain why the choices they made resulted in either a positive or negative outcome.
8. Conclude by emphasizing that whether we realize it or not, we always have a choice as to how we are going to respond to conflicts. The outcome of the conflict depends on the choice we make.

Choices