

Name: _____ Date: _____

Life Skills Personal Hygiene

Give a check if you do the activity and a cross if you don't.

- I clean my own bedroom.
- I order my own food at a restaurant.
- I call my school when I will be absent.
- I have a bank account.
- I can fix my own breakfast.
- I get myself out to my bus.
- I can pack my own lunch.
- I can make my bed by myself.
- I wash my own dishes.
- I can call my home on the phone.
- I make my own after school snack.
- I get up in the morning by myself.
- I pick out my own clothes.
- I pay for things at a store.

How many check:

How many cross:

Other activities you usually do: