

COURSE/SUBJECT AREA: Elementary Health Education - Human Growth and Development

GRADE: 3rd

DATE: 06/07

POWER STANDARD: Demonstrate ways in which health is developed through good decisions and healthy habits. (1)

PERFORMANCE STANDARDS:

B.4.1 Identify responsible health behaviors

B.4.2 Identify personal health needs

C.4.3 Predict outcomes of positive health decisions for themselves

C.4.5 Analyze how behaviors may have both good and bad consequences

ADOPTED MATERIALS:

What must students know and be able to do? (BENCHMARKS)	How will students show they know it or can do it? (ASSESSMENT)		What content/material is used to teach to the standard? (RESOURCES)	What must the teacher do to facilitate student learning? (INSTRUCTIONAL STRATEGIES)
<u>Benchmarks</u>	<u>Grade Level</u>	<u>Assessment/Rubric</u>	<u>Course/Subject expectations</u>	Recommended Instructional Strategies
<p>The student will:</p> <p>Identify different stages of the life cycle from birth to death</p> <p>Recognize that early health habits carry into adulthood.</p> <p>Identify the different ways living things reproduce and grow.</p>	<p>3rd</p>	<ul style="list-style-type: none"> • Discussion • Journaling • Role playing • Worksheets • Portfolios • Peer Observation • Teacher Observation 	<p>Course syllabus/curriculum</p> <ul style="list-style-type: none"> • Health Education Resource binder. • Video – The Human Life Cycle 	<ul style="list-style-type: none"> ✓ Video ✓ Questioning ✓ Books ✓ Discussion