

# Health & Wellness

Choose check (✓) if the statement describes a healthy child and (x) if it does not.

- 1. Maria includes vegetables and fruits in her diet.
- 2. Peter's gums bleed whenever he brushes his teeth.
- 3. Kim grows taller and bigger.
- 4. Cecilia doesn't like to join her group in doing their project.
- 5. Lea sleeps 8 to 10 hours every day.
- 6. Gabby has difficulty focusing on his work.
- 7. Joseph feels irritable whenever his friends play with him.
- 8. Anna develops good eyesight and fine skin.
- 9. Grace is too small for her age.
- 10. Mark develops dandruff and dry skin.

