

The image shows a handwriting practice grid divided into four horizontal rows. The first two rows each contain four vertical dashed lines, each with a small arrowhead pointing downwards. The third row contains four diagonal dashed lines, each with a small arrowhead pointing upwards and to the right. The fourth row contains four diagonal dashed lines, each with a small arrowhead pointing downwards and to the right. The grid is set against a background of light gray horizontal lines.