

# Goal Setting Worksheet

## Short Term Goals

Individual

---

---

---

---

---

---

Team

---

---

---

---

---

---

## Intermediate Goals

Individual

---

---

---

---

---

---

Team

---

---

---

---

---

---

## Long Term Goals

Individual

---

---

---

---

---

---

Team

---

---

---

---

---

---