

★ MY 2015 GOALS ★

Name _____

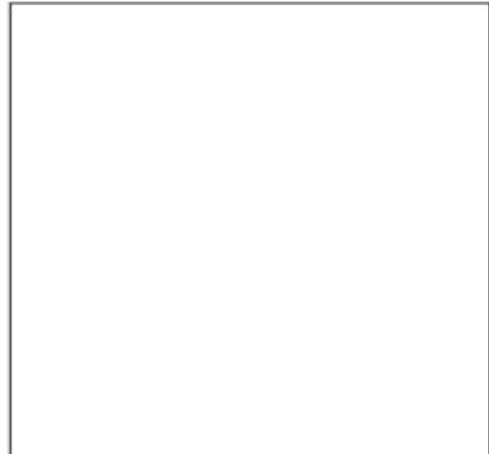
Physical Goals

1. _____

Action _____

2. _____

Action _____



Look at me in 2015!

Character Goals

1. _____

Action _____

2. _____

Action _____

For more kid activities and children's health and nutrition information visit www.mysickkid.com.