

Table 1. Baseline Patient Characteristics^a

Characteristics	No. (%) of Patients		
	All (N = 1004)	Intervention (n = 503)	Usual Care (n = 501)
Age, mean (SD), y	43.47 (13.4)	43.3 (13.2)	43.7 (13.7)
Women	714 (71.1)	359 (71.4)	355 (70.9)
Education			
<High school	55 (5.5)	29 (5.8)	26 (5.2)
12 y	165 (16.5)	78 (15.5)	87 (17.4)
>12 y	782 (78.0)	396 (78.7)	388 (77.4)
Race/ethnicity ^b			
Hispanic	196 (19.5)	104 (20.7)	92 (18.4)
Black	116 (11.5)	51 (10.1)	65 (13.0)
White	568 (56.6)	279 (55.5)	289 (57.7)
Other	124 (12.3)	69 (13.7)	55 (11.0)
No. of chronic medical conditions			
0	202 (20.1)	109 (21.7)	93 (18.6)
1	219 (21.8)	108 (21.5)	111 (22.2)
≥2	582 (58.0)	285 (56.8)	297 (59.3)
Anxiety disorders ^c			
Panic	475 (47.3)	235 (46.7)	240 (47.9)
Generalized anxiety	756 (75.3)	390 (77.5)	366 (73.1)
Social phobia	405 (40.3)	210 (41.8)	195 (38.9)
Posttraumatic stress	181 (18.0)	92 (18.3)	89 (17.8)
Major depressive disorder	648 (64.5)	330 (65.6)	318 (63.5)
Type of health insurance ^c			
Medicaid	101 (10.1)	47 (9.4)	54 (10.8)
Medicare	124 (12.4)	60 (12.0)	64 (12.8)
Other government insurance	35 (3.5)	16 (3.2)	19 (3.8)
Private insurance	749 (74.7)	372 (74.3)	377 (75.3)
No insurance	141 (14.0)	77 (15.4)	64 (12.8)

^aThere are no significant differences in any of the baseline characteristics between intervention and usual care patients. Intervention included Coordinated Anxiety Learning and Management program, which allowed choice of cognitive behavioral therapy, medication, or both. Some numbers (percentages) do not add up to total number of patients because of missing data. Because of rounding, percentages may not add up to 100.

^bOther includes final option if the major race/ethnicity categories were not endorsed by the patient.

^cNumbers may total more than 1004, because patients could have more than 1 disorder or health insurance. Other government insurance includes Veterans Administration benefits, TRICARE, county programs, or other government insurance, not otherwise specified.