

Name _____ Date _____

SELF-ESTEEM SURVEY

INSTRUCTIONS: Read each statement below. Put an "X" in the appropriate box for each statement.

SELF-STATEMENTS	Often	Sometimes	Rarely
1. I learn new things easily.			
2. I am good at things that require physical skill.			
3. I get along well with others.			
4. I get my schoolwork done on time.			
5. I have a good sense of humor.			
6. I am happy with the way I look.			
7. I control my temper.			
8. I make other people smile.			
9. I remember what I have learned.			
10. I like to help others.			
11. I make friends easily.			