

Name: \_\_\_\_\_

## 1<sup>ST</sup> QUARTER SELF-REFLECTION

**Habits** - Look at the list of habits provided. Sort the habits into the columns below in a way that best describes you!

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|---|--|
| <ul style="list-style-type: none"> <li>• is a self-starter</li> <li>• exhibits self-control</li> <li>• punctualness</li> <li>• uses planner</li> <li>• follows directions</li> <li>• turns in work on time</li> <li>• does careful work</li> <li>• studies</li> </ul> | <ul style="list-style-type: none"> <li>• asks questions</li> <li>• uses class time productively</li> <li>• participates in class</li> <li>• works well in groups</li> <li>• works well independently</li> <li>• communicates with parents</li> <li>• communicates with teachers</li> </ul> |
|---|--|

I consistently & effectively practice these habits.	I practice these habits, but not regularly.
I would like to include these habits on my academic goal list.	I don't know how to successfully practice these habits.

**Attitude/Behavior**

At the start

At the end

What's changed since the start because of what you've done? Are you doing anything or thinking differently? What has your grade been? How do you feel about it? Do you have any goals? How do you feel about the end of the quarter? How do you feel about the start of the quarter? How do you feel about the end of the quarter? How do you feel about the start of the quarter?

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