

- 12. The client is asked to "sit down, get down on the hands and feet with the trunk over the table, closed shoulders, knees in alignment."
- 13. "Excellent!" "Excellent!" "Excellent!" "Excellent!" and then a conversation about their posture about breathing, hand placement, about other concepts, etc. (make sure to ask about psychological aspects)
- 14. By the end, make them the question: "What is the most important thing you learned today?"

Wonderful Gary Go

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