

Worksheet: Self-Confidence

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1. Read the **Little Dictionary** with your group. Your class will talk about the words.
2. Read the title and the first 4 *headings* (the dark, bold parts).
3. Go back and read the first four paragraphs.
4. This article says that self-confidence is like _____.
 - a. a child
 - b. a passport and a key
 - c. a mirror
 - d. a door
5. What do you think about this comparison?
 - a. I agree.
 - b. I disagree.
 - c. I don't understand.
6. This article says that _____ are the #1 source of self-confidence for a child?
 - a. friends
 - b. teachers
 - c. parents
 - d. books
7. How do you think your child's self-confidence is?

(low) 1 2 3 4 5 (high)
8. How is your own self-confidence?

(low) 1 2 3 4 5 (high)
9. Remember when you were a child. How was your self-confidence?

(low) 1 2 3 4 5 (high)
10. Why do you think it was like that? _____

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