

## Relapse Prevention Plan

Relapsing signs and symptoms:

- 1.
- 2.
- 3.
- 4.
- 5.

Prevents relapse signs and symptoms from reappearing through a strategy:

- 1.
- 2.
- 3.
- 4.
- 5.

Prevents relapse signs and symptoms from reappearing through a strategy:

- 1.
- 2.