## Marriage Counseling For Christians

Many Christians pray that their faith will keep their marriage safe... and off the perilous, 21st-century rocks,

But lots of Christian couples need way more than faith. Christian couples divorce just as much as non-Christians couples. And the same modern problems trouble Christian marriages until divorce seems like the only alternative.

But God does not want divorce to be the last resort for troubled marriages. If you and your spouse are struggling, Christian marriage counseling can help you return to God--and to each other--for the support you need to repair your broken relationship.

## How To Know If Your Marriage Is In Trouble

There are many common signs that it's time for Christian marriage counseling.

- \* A spouse feels unappreciated
- \* Constant fighting at home
- \* One spouse pays too much attention to members of the opposite sex
- \* One partner works all the time.

And there are less common, but more severe symptoms

- \* Infidelity
- \* Substance abuse.

If every time you and your partner talk you fight... or you don't enjoy being with each other... it might be time to check out Christian marriage counseling.

## Why Lots Of Couples Have Problems

Living with one person every day, produces a whole lot of stress. So, it's no surprise that many couples try Christian marriage counseling for relief.

In many cases, each spouse focuses on the partner's shortcomings. They ignore their contribution to the problems. This is when they start playing the destructive blame game. And both partners become defensive and resentful.

Eventually, the relationship slams into a brick wall... and no amount of insulting or blaming or pleading or fighting will get the couple past it. This is the stage when the couple needs Christian marriage counseling to get around the roadblock... and get their marriage moving in the right direction.

## You Can Find Help

These days we hear lots of sad stories about sky-high divorce statistics. And keeping a healthy, Christian marriage together these days seems virtually impossible. But, have faith! You can do it.

