

Student: _____

CARKHUFF RATINGS

- 5 Maximally Facilitative (additive)
 4 Facilitative or Enriches Communication (slightly additive)
 3 Minimally Facilitative (basic empathy)
 2 Debilitative or Hinders Communication (slightly subtractive)
 1 Maximally Debilitative (subtractive)

Specific Criteria				Comments
A. Session Structure				
1. Greeting				
2. Session Beginning				
3. Professionalism/Ethics				
4. Session Closing				
B. Therapeutic Environment				
1. Empathy/Rapport				
2. Attending Skills (SOLAR)				
3. Non Verbal Matching				
C. Microskills				
1. Paraphrases				
2. Reflect Feelings				
3. Reflect Meaning				
4. Open-ended Questions				