



**Resources on Domestic Violence and Healthy Relationships Available At
Connecticut Clearinghouse**

For more information about these resources please visit www.ctclearinghouse.org and click on Resource Catalog or call 800.232.4424

Audiovisuals

The Abused Woman: A Survivor-Therapy Approach With Dr. Lenore Walker (VHS)

Summary: In this program, internationally-acclaimed psychologist and expert witness, Lenore Walker demonstrates the course of therapy with a middle-class, 35 year old woman who has a history of childhood sexual abuse and battering by her current husband. Illustrates the effectiveness of the survivor therapy approach, which combines interventions derived from both feminist and post-traumatic stress disorder approaches

Abusive Relationships And Acquaintance Rape (VHS)

Summary: This program was developed to identify types of abuse (emotional, physical and sexual), explain the reasons why it exists (why people abuse, why victims stay, the effects on the victim's self-esteem) and detail the steps of getting out of an abusive relationship. High school and college age students describe their own experiences while segments from experts offer advice on how to identify and leave abusive relationships

Bitter Memories (DVD)

Summary: Rob is a young man who grows up watching his father abuse his mother. When jealousy brings Rob face to face with his own violent tendencies toward women, he confronts his father's behavior so he can learn how to be "un hombre vero."

Broken Vows: Religious Perspectives On Domestic Violence (VHS)

Summary: A documentary about religious perspectives on domestic violence. Presents the stories of six formerly battered women from diverse religious traditions, including Jewish, Roman Catholic, Protestant, and Evangelical Christian.

Building And Maintaining Healthy Relationships (VHS)

Summary: Features an open-forum discussion on what it takes to be in a good relationship. This could involve honesty, trust, communication, partnership, intimacy and respect. It is important to know who you are and what you want out of a relationship, if the relationship is to survive and last.

Causing Pain: Real Stories Of Dating Abuse And Violence (DVD)

Summary: This DVD encourages teens and adults to openly discuss respect as a choice as a choice and to make sound relationship decisions. The DVD contains two video programs of true stories of teens, parents, and professionals who have been in, or who have witnessed abusive relationships. The first part is 13-minutes and is geared towards

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