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# **Healthy Choices**

## **Healthy Eating & Active Living**

**Including:**  
Think, Pair, Share...Show What You Know  
Sort It Out  
What Are You Eating?  
Hunt For It!  
Eat, Exercise and Be Healthy!

**An Integrated Unit for Grade 3/4**  
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**Length of Unit: approximately: 7 hours**

**February 2003**