

Name: _____

Date: _____

Are You More **PROACTIVE** or **REACTIVE**

1. You accidently spill something on your friend's favorite shirt you...
 - A. Apologize and actually mean it
 - B. Say "it's not like it's my fault you should have moved"
2. When your friend talks about you behind your back you...
 - A. Confront them calmly, then eventually give them a second chance
 - B. Go right up to them and give them a piece of your mind
3. Your teacher accuses you of talking during class but it wasn't you, you...
 - A. Politely tell her it wasn't you and continue to do your work
 - B. Take the punishment because you don't feel like arguing
4. You are asked to wash the dishes by your parent, you say...
 - A. Okay, I'll get right to it.
 - B. Why do I have to do them?
5. You tend to say stuff like...
 - A. I can do better than that
 - B. That's just the way I am