Tuesday	Name:Patten	
	Date:4/7/09	
TIME	GCMS LESSON PLAN	
111112	COMPETENCY:	RESOURCES
	1 Demonstrate competency in motor skills and movement patterns needed	1
	to perform a variety of physical activities. 2. Demonstrate understanding of	
	movement concepts, principles, strategies, and tactics as they apply to the	
	OBJECTIVE:	•
	1. TSW walk around the track. 2. TSW participate and understand a healthy lifestyle.]
	BELL RINGER:	<u>wow</u>
	The students will change clothes and stretch.	1
10MIN		Content/Sub
		☐ Org Knowledge ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
	PROCEDURES Walking on the track.	Clear Standard
	ANTICIPATORY SET:	7 Protection
5MIN	We will talk about walking for Mississippi during the class period.	Affirmation
SIVIIN		Affiliation 🗹
	MODELING/GUIDED PRACTICE:	Novelty/Variety ☑
	MODELING/GOIDED FRACTICE.	7 Choice 📙
		Authenticity \square
5MIN	The teacher will explain how the student is to walk around the track to help	
	keep student healthy. Goals will be set for students so they will walk for a	
	purpose.	Instructional Components
	CHECK FOR UNDERSTANDING:	<u> </u>
		Assessment
	The students will be asked to keep up with how many laps they have walked	Fluency U Comprehension
	during the class period.	Vocabulary
	INDEPENDENT PRACTICE/AFFILIATION:	Oral Language
		Independent Rdng
20MIN		H.O.T.S
20	The students will walk for Mississippi to show that we are working on	Word Attack
	lowering the number of obese children.	Content/Text
	CLOSURE:	Journal Writing
10MIN	The students will change clothes and cool down.	
	RETEACHING:	-
	Working together with different students to complete the worksheet is the	1
	main idea of this lesson.	
	EVALUATION:	-
	Teacher observation of students participating in class.]
	HOMEWORK:	-
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