

Name:

Date:

## Nutrition

Unscramble the words. Find the correctly spelt words in the word search.

Nutrietsn  
rbohydóratasaC  
oteinsPr  
aFts  
taminsVi  
inerMals  
geRougha  
eWatr  
Beadr  
Mate  
rtteBu  
Vegetesabl  
sealCer  
nroI  
alCcium  
Sodímu  
luoFride

Words are in straight lines, moving along a spiral arm.

This word search will take about 19 minutes.

