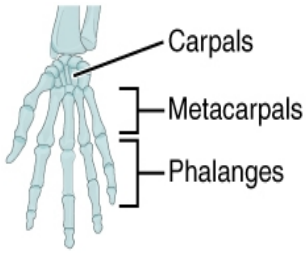

Middle finger
Index finger
Ring finger
Little finger
Thumb (pollex)
Phalanges:
Distal
Proximal
1
2
3
4
5
Metacarpals (1–5)
Carpals:
Trapezium
Trapezoid
Scaphoid
Carpals:
Hamate
Capitate
Pisiform
Triquetrum
Lunate
Ulna
Radius

Anterior view

Distal
Middle
Proximal
Phalanges
Head
Shaft
Base
Head
Shaft
Base
5
4
3
2
1
Carpals:
Trapezium
Trapeziod
Scaphoid

Posterior view