

Rate Your Reactions

Name: _____



1



2



3



4

Situation

Feeling

Why

1. What a great job! Great for you!

2. Don't bug me, just leave me alone!

3. Finish your homework.

4. Help your sister do the dishes.

5. I don't want to play with you today!

6. Do it over, you didn't do your best!

7. Great job on your math test today!

8. I'll play with you today.

9. Turn up, why are you looking sad?

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