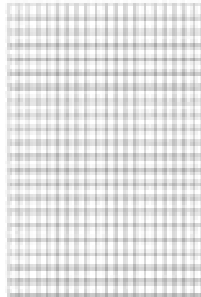


Date _____

★ Gathering Momentum ★

10 things I'm grateful for

- 01 _____
- 02 _____
- 03 _____
- 04 _____
- 05 _____
- 06 _____
- 07 _____
- 08 _____
- 09 _____
- 10 _____

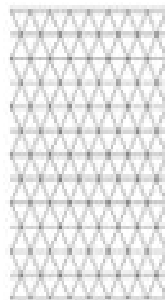


Wouldn't it be nice if

- _____
- _____
- _____

Today I intend to

- _____
- _____
- _____



1 thing I love

- 01 _____
- 02 _____
- 03 _____
- 04 _____
- 05 _____

1 thing I'm excited about

- 01 _____
- 02 _____
- 03 _____

Advice from my higher self

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Interview with myself

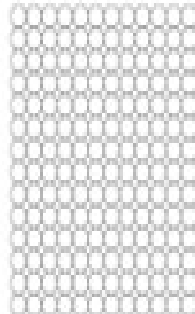
Q _____

A _____

Today's affirmations

4 things inspiring me today

- 01 _____
- 02 _____
- 03 _____
- 04 _____

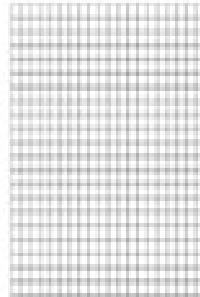


Date _____

★ Gathering Momentum ★

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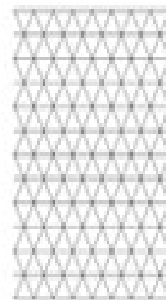


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