

**UNIT I - INTRODUCTION TO MENTAL HEALTH NURSING, THERAPEUTIC MILIEU,
THERAPEUTIC RELATIONSHIPS & COMMUNICATION & DEFENSE MECHANISMS**

PROGRAM OBJECTIVE	COURSE OBJECTIVES	UNIT OBJECTIVES	CONTENT	CONCEPT/ THREAD	RELATED ACTIVITIES
8, 11, 15, 18	9, 15	1. Identify personal feelings and attitudes about mental illness.	Mental Health Mental Illness	Health Illness	Townsend Chapter 2 pp. 13-30
8, 11, 15	9	2. Discuss the history of psychiatric care.			<u>Videos:</u> The Science Show: Mental Illness RC460.M4572, 1995
7, 16	17	3. Define mental health and mental illness.			Back from Madness: The Struggle for Sanity RC480.53.B32 1996
7, 9, 10, 15	13	4. Discuss cultural elements that influence attitudes toward mental health and mental illness.		Cultural Diversity	
6, 16	5	5. Describe psychological adaptation responses to stress.			
7, 16	17	6. Identify correlation of adaptive/maladaptive behaviors in the mental health/mental illness continuum.		Maslow Health/Illness Nurse's Role	
13	13	7. Define and differentiate between culture and ethnicity.		Cultural Diversity	Townsend Chapter 6 pp. 93-105
13	13	8. Describe six phenomena on which to identify cultural differences.			
13	13	9. Identify cultural variances, based on the six phenomena, for a. Northern European Americans b. African Americans c. Native Americans d. Asian Americans e. Latino Americans f. Western European Americans			
3	3	10. Apply the nursing process in the care of individuals from various cultural groups.			