

## HUMAN BODY SYSTEM WORKSHEET

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Website: innerbody.com  
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Answer the following completely!

1. How many cells make up your body?
2. Your body is organized into \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_  
\_\_\_\_\_ that work together to keep you alive and healthy.
3. What are your body's cells mostly made of?
4. What are the 4 main body tissue types? What do they do? What are examples?
5. What two body systems work together to help you move?
6. The \_\_\_\_\_ system is made up of the bones and cartilage that form your skeleton.
7. List the following bones.
  - a. skull
  - b. thigh bone
  - c. hip bone
  - d. jaw bone
  - e. kneecap
  - f. finger and toe bones
  - g. both lower leg bones
  - h. upper arm bone
  - i. breastbone
  - j. collar bone
8. What are the four main jobs of your bones?
9. The \_\_\_\_\_ system helps you move and things inside your body move.
10. The muscular system includes \_\_\_\_\_ types of muscle.
11. Muscles that contract to move bones are called \_\_\_\_\_ muscles.
12. Muscles that we cannot control movement of are \_\_\_\_\_ muscles.
13. The type of muscle found only in the heart is \_\_\_\_\_ muscle.
14. The \_\_\_\_\_ system breaks food down for energy the body needs.
15. Where does digestion begin?
16. What organ carries food to the stomach?
17. Which organ contains acids that break food into smaller pieces?