

Name _____

Date _____

Class Period _____

SMART Goal Map

Directions: Add the required information in the appropriate areas as indicated.

| | | |
|----------|-------------------------------|---|
| S | Make it S pecific | What do you want to accomplish? |
| M | Make it M easurable | How will you know when you have accomplished your goal? |
| A | Make it A ttainable | How can the goal be accomplished? |
| R | Make it R elevant | Is this goal worth working for if to accomplish? Explain. |
| T | Make it T imely | By when will the goal be accomplished? |