

Name: _____

Growth Mindset

What Can I Say to Myself?

Instead of	Try Thinking
<p>I just can't do math. (or reading, or social, studies, or writing, or science...</p> <p>I'm awesome at this</p> <p>I'm not good at this</p> <p>I give up</p> <p>She's so smart. I'll never be that smart</p> <p>This is too hard</p> <p>It's good enough</p> <p>Plan A didn't work</p> <p>I can't make this any better</p> <p>I made a mistake</p>	