

## AUTOBIOGRAPHY OUTLINE

Your autobiography will help us get to know you, and assist us in writing your Home Study document. It will also give you and your family things to consider as we move through the adoption process. Each adoptive applicant must complete his or her autobiography individually. It is not necessary to write in a flowing narrative form; this document will only be seen by Agency staff, it will not be sent to anyone outside of the agency. Instead, we ask that you answer each question thoroughly, with an emphasis on clarity and directness. Spelling (except of names and places) does not need to be checked; sentences do not need to be complete or grammatically perfect; bullets points are quite acceptable when you are providing facts such as historical dates or names and ages of relatives. Please do **not** erase the questions as you answer them – they help us to keep track! **Thank you.**

### 1. Descriptions of Self and Partner

- A. Describe yourself physically (hair, eyes, height, weight, etc.)
- B. Describe your personality, strengths and challenges.
- C. Repeat A and B, describing your partner.

### 2. Motivation for Adoption

- A. What brought you to the decision to adopt a child?
- B. If you are infertile, briefly outline your medical diagnosis, extent of treatment, time span of your process, and the reason you decided to stop.
- C. If you are infertile or undiagnosed, what were/are your feelings regarding this? What was the impact of this realization on your emotional and physical relationship with your partner? Have you resolved your feelings, if so how?

### 3. Family of Origin

#### A. Your name, date and place of birth.

#### B. Your Parents

- 1) Names, dates and places of birth, current city and state of residence
- 2) Describe your parents' personalities and relationship to each other.
- 3) What are/were their primary occupations and interests?
- 4) Describe your relationship with each of them, then and now.