

# TRISTAN FREEMAN, OT

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## PROFESSIONAL SUMMARY

Occupational Therapist with a track record in pain management techniques and program development. Enjoys helping patients improve motor and cognitive skills. Enthusiastic team player driven to achieve exceptional patient outcomes as a key member of a multidisciplinary case-management team.

## LICENSES

Licensed Occupational Therapist, State of California, 2006-Present  
BLS, CPR, and First Aid Certified

## SKILL HIGHLIGHTS

- People person
- Acute rehabilitation background
- Stress and pain management techniques
- Outpatient therapy
- Sports injury experience
- Team training and supervision
- Observant
- Empathetic and patient
- Culturally aware
- Meticulously detail-oriented

## PROFESSIONAL EXPERIENCE

- 11/2010 to Current**    **Occupational Therapist**  
**DTS Therapy Center** — New Cityland, CA
- Consult with other direct-care staff and worked with caregivers to implement home programs that achieve occupational therapy goals.
  - Facilitate health and healing by cultivating caring relationships with patients.
  - Develop rigorous, patient-centered therapy schedules with treatment goals in mind.
  - Administer massage as well as heat, water, ice, electrical, and light stimulation therapy.
  - Identify and execute opportunities for performance improvement within all service areas.
  - Train new therapists and assistants and mentor to improve knowledge and performance.
- 12/2006 to 10/2010**    **Occupational Therapist**  
**Outpatient Therapy Group** — New Cityland, CA
- Reviewed referrals and records, performed and documented initial exams, and determined appropriate treatment course.
  - Routinely used whirlpool baths, ultrasonic machines, and ultraviolet and infrared lamps to improve patients' physical health and comfort.
  - Recommended equipment and in-home modifications.
  - Maintained up-to-date knowledge of Medicare and other reimbursement regulations.

## EDUCATION AND TRAINING

- 2006**    **Master of Science: Occupational Therapy**  
**Great Western University** — New Cityland, CA  
Graduated Summa Cum Laude
- 2004**    **Bachelor of Science: Human Physiology**  
**Great Western University** — New Cityland, CA