

Self Monitoring Contract

Student's name: _____ date: _____

Teacher's name: _____ class: _____

Definition of behavior to monitor: _____

Over what time? _____

What do you get if criteria are met? _____

What do you lose if the criteria are not met? _____

Optional Bonus Clause: _____

Signature of Student: _____

Signature of Teacher: _____

Comments: _____
