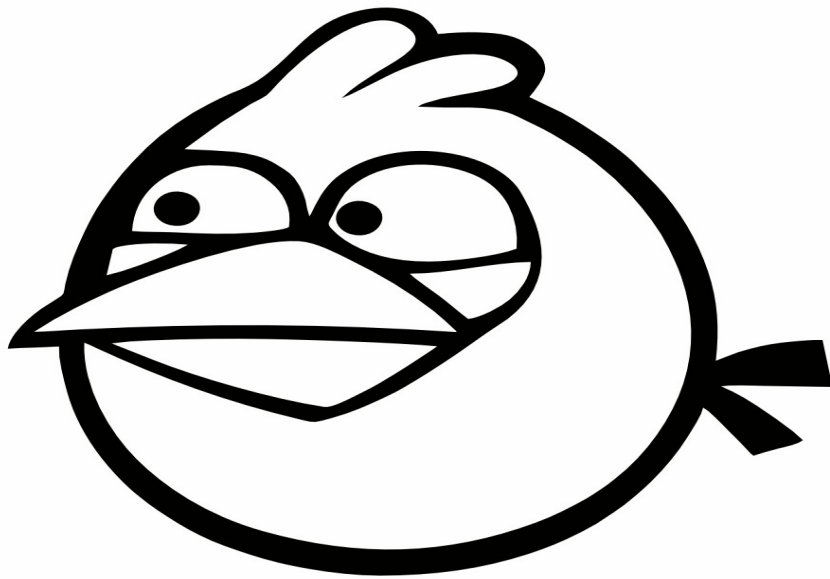


Name \_\_\_\_\_ Date \_\_\_\_\_

# ANGER MANAGEMENT

When I am angry, I can stop and think about how my actions will affect me and those around me.



How does being angry will hurt myself and others?

-----  
-----