
Amount Per Serving

Calories 185

Calories From Fat (49%) 90

% Daily Value

Total Fat 10.64g **16%**

Saturated Fat 1.93g **10%**

Cholesterol 0.64mg **<1%**

Sodium 144.94mg **6%**

Potassium 273.95mg **8%**

Total Carbohydrates 21.32g **7%**

Fiber 5.92g **24%**

Sugar 10.46g

Protein 4.68g **9%**
