





LEARNING STRATEGIES

METACOGNITIVE STRATEGIES		
Strategy	Description	
Organize / Plan	 Organize	<ul style="list-style-type: none"> • Plan the task or content sequence. • Set goals. • Plan how to accomplish the task.
Manage Your Own Learning	 Manage Yourself	<ul style="list-style-type: none"> • Determine how you learn best. • Arrange conditions that help you learn. • Seek opportunities for practice. • Focus your attention on the task.
Monitor	 Check	<p>While working on a task</p> <ul style="list-style-type: none"> • Check your progress on the task. • Check your comprehension as you use the language. Are you understanding? • Check your production as you use the language. Are you making sense?
Evaluate	 Evaluate	<p>After completing a task</p> <ul style="list-style-type: none"> • Assess how well you have accomplished the learning task. • Assess how well you have applied the strategies. • Decide how effective the strategies were in helping you accomplish the task.

The website has translations of this learning strategies table in Arabic, Chinese, French, German, Japanese, Russian, and Spanish. Translations can be found in the appendices section.