



eat good food – stay up late – watch TV all the time – do exercises –
 eat a lot of candy – get enough sleep – wash your hands – drink too much pop

about healthy "Do"	about healthy "Don't"
..	..
..	..
..	..
..	..

Complete the sentences:

1. I feel good when I
2. I feel bad when I
3. I feel happy when I
4. I feel tired when I

Correct the underlined word:

1. We don't have many pop. _____
2. Yesterday, many students for tests. _____

Did you watch TV yesterday? Do it and :

1. Write about you.
 - What did you eat for lunch yesterday?
 - What did you drink for dinner yesterday?
 - What are your good health habits?