PROGNOSIS WORKSHEET

Citation: Johnston, SC. Rothwell, PM, et al. Validation and Refinement of Scores to Predict Very Early Stroke Risk After Transient Ischaemic Attack. Lancet.2007; 369:283-92

Are the results of this prognosis study valid?

This study evaluated six separate groups
of patients from two separate and
diverse populations. The subjects were
from the San Francisco area of
California and Oxford, England. The
six groups included two groups that
were used for derivation of the
California and ABCD rules for stroke
risk after TIA. The other four groups
were used to validate the previous tools
for stroke risk after TIA. The six
groups were used together to derive a
new prognostic tool for 2 day stroke risk
after TIA. The vast majority of these
patients (N=4809) presented within 1
day of symptom onset.
The two populations of patients were
followed up for short-term and long-
term outcomes. The Oxford patients
were all evaluated by a study
neurologist shortly after diagnosis of
TIA. These patients were then seen
again at 1, 6, 12, and 24 months by a
neurologist or a research nurse. The
California groups used review of
medical records to track outcomes for
their population of patients.
The outcome of stroke was confirmed
by a study neurologist in Oxford and by
review of medical records in California
groups. This was not blinded.
There were no specific subgroups of
patients with different prognoses
identified. However, one of the
weaknesses of the study was that
patients presenting with TIA were given
various treatments at time of initial