

SMART Goals Worksheet

Draft Goal:

	<i>Answers at time of development</i>	<i>6 Month Update</i>
Specific <ul style="list-style-type: none">• What is the desired result? (who, what, when, why, how)		
Measurable <ul style="list-style-type: none">• How can you quantify (numerically or descriptively) completion?• How can you measure progress?		
Achievable <ul style="list-style-type: none">• What skills are needed?• What resources are necessary?• How does the environment impact goal achievement?• Does the goal require the right amount of time?		

