

Name _____

Date _____

Class Period _____

SMART Goal Map

Directions: List the required information in the appropriate areas as indicated.

S	Make it S pecific	What do you want to accomplish?
M	Make it M easurable	How will you know when you have accomplished your goal?
A	Make it A ttainable	How can the goal be accomplished?
R	Make it R elevant	Is this goal worth working hard to accomplish? Explain.
T	Make it T imely	By when will the goal be accomplished?