

Master Grocery List

Fruit

- apples
- avocados
- bananas
- berries
- cherries
- grapefruit
- grapes
- kiwi
- lemons
- limes
- melons
- nectarines
- oranges
- papaya
- peach fruit
- pears
- plums
- pineapples
- watermelon
-
-
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Vegetables

- artichokes
- asparagus
- basil
- beans
- broccoli
- cabbage
- cauliflower
- carrots
- celery
- celtic
- celeriac
- corn
- cumin seeds
- eggplant
- garlic cloves
- green onions
- lettuce
- onions
- okra
- potatoes
- radish greens
- radish
- squash
- tomatoes
- zucchini
-
-
-

Breakfast

- cereal
- grits
- instant
- oatmeal
- oatmeal
- oatmeal
-
-
-
-
-

Meat

- chicken
- duck
- ground beef
- ground turkey
- ham
- pork chops
- pork
- sausage
- steak
- turkey
-
-

Seafood

- codfish
- fish
- trout
- salmon
- tuna
-
-

Dairy

- cheddar
- cheese
- cream
- butter
- milk
- yogurt
- cream cheese
- cottage cheese
- ricotta
- mozzarella
- parmesan
- mascarpone
-
-
-

Bakery

- bread
- rolls
- pizza
- pasta
- flour
- yeast
- sugar
- vanilla
- nutmeg
-
-
-
-

Baking

- baking powder
- baking soda
- bread crumbs
- cake flour
- cake mix
- coconut oil
- chocolate
- cream
- cream cheese
- flour
- food coloring
- frosting
- marshmallows
- pie crust
- shortening
- sugar (brown)
- sugar
- vanilla
-
-

Spices

- cumin
- garlic
- onion
- paprika
- salt
- pepper
- turmeric
-
-
-
-
-

Bakery

- flour
- yeast
- sugar
- vanilla
- nutmeg
- cinnamon
- almond
-
-
-
-

Pasta & Rice

- angel hair
- lasagna
- spaghetti
- penne
- farfalle
- orzo
- wild rice
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-

Cans & Jars

- applesauce
- baked beans
- black beans
- broth
- butter (unsalted)
- canned fruit
- corn
- corn
- crushed corn
- jam
- mushrooms
- olive (green)
- olive (black)
- pasta
- pickles
- tomato sauce
- tomato butter
- tomatoes
- pineapple
- soy
-
-

Refrigerated

- butter
- cheddar
- cream
- cream cheese
- egg
- egg (beaten)
- fish (canned)
- fish & shell
- milk
- mozzarella
- parmesan
- cheese
- cream
- cream cheese
- cottage cheese
- ricotta
- ricotta
- ricotta
-
-
-

Seasoning

- bay leaves
- black
- salt
- white
- onion
- garlic
- ginger
- nutmeg
- paprika
- pepper
- salt
- sugar
- vanilla
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-
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Spices & Herbs

- cumin
- garlic
- onion
- paprika
- salt
- pepper
- turmeric
-
-
-

Deli

- ham
- turkey
-
-
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Paper Products

- aluminum foil
- coffee filters
- paper
- paper bags
- paper plates
- paper towels
- paper bags
- plastic
- plastic
-
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Cleaning

- all purpose
- bleach
- dish soap
- disinfectant
- detergent
- floor cleaner
- glass cleaner
- laundry soap
- polish
- sponges
-
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Personal Care

- hair soap
- hair conditioner
- lotion
- soap
- shampoo
- toothpaste
- toothbrush
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-
-
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Misc. Home

- batteries
- charcoal
- cleaning
- light bulbs