

## Self Monitoring Contract

Student's name: \_\_\_\_\_ date \_\_\_\_\_

Teacher's name: \_\_\_\_\_ class \_\_\_\_\_

Definition of behavior to monitor: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Over what time? \_\_\_\_\_

What do you get if criteria are met? \_\_\_\_\_

\_\_\_\_\_

What do you lose if the criteria are not met? \_\_\_\_\_

\_\_\_\_\_

Optional Bonus Clause \_\_\_\_\_

\_\_\_\_\_

Signature of Student: \_\_\_\_\_

Signature of Teacher: \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_